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UPWARDS AND ONWARDS.

DURING 1992-3 ONBOARD THE 42FT SAILING CAT *GABRIEL* WE SAILED ALMOST 2000 MILES AND CONDUCTED RESEARCH INTO SAILING BY PEOPLE WITH MANY TYPES OF PHYSICAL-DISABILITIES. WE NOW HAVE REAMS OF DATA WHICH I AM COLLATING FOR A TECHNICAL BOOK ON THIS SUBJECT, TO BE COMPLETED IN THE SPRING OF 1994.

ALSO DURING 1993 I WROTE MY 16TH BOOK: "*DINNER ONBOARD COKE AS YOU ARE*" & WE HAVE MADE A 33 MINUTE VIDEO FILM OF OUR ACTIVITIES: "BEYOND THE LIMIT". BOTH BOOK AND FILM ARE NOW WITH AN AGENT IN NEW YORK FOR RELEASE SOON.

GABRIEL IS NOW PREPARING TO RACE, WITH A "DISABLED" CREW, IN THE THAI KING'S CUP REGATTA, TO BE HELD IN PHUKET IN DECEMBER 1993. ALSO WE ARE PREPARING FOR A 1000 MILE VOYAGE IN LATE DECEMBER EARLY JANUARY, FROM PHUKET TO LANGKAWI IN MALAYSIA, AND RETURN.

I WISH NOW TO THANK SAILORS BOOKSHELF, SAIL MAGAZINE AND ALL MY OTHER NORTH AMERICAN FRIENDS FOR TREMENDOUS HELP OVER THE PAST TWO VERY DIFFICULT YEARS, AND HOPE, WITH ONE OR TWO OF MY CREW, TO VISIT THE UNITED STATES AND CANADA, TO DO SO PERSONALLY, DURING 1994.

APPROACHING MY 70TH YEAR, I HAVE NO REGRETS, EXCEPT THAT I CANNOT THANK YOU PERSONALLY.

SLOWLY OUR ENABLEMENT IS WINNING RECOGNITION BY THE ESTABLISHMENT, NOT EASY: SO MANY LANDSFOLK CONFUSE SAILING AND BOATING WITH WEALTH, AND DO NOT REALIZE HOW THE BENEFITS OF RESEARCH SUCH AS OURS CAN BE DIRECTED TO MANY LEVELS OF EXISTENCE WORLD WIDE. TRISTAN JONES

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